



## The Power of Peppermint!

- 1 Are you suffering from the side effects of **chemotherapy** including nausea dry mouth, sore throat and / or the “metallic taste” left behind as a result of the treatments?
- 2 Is the cramping & bloating associated with **Irritable Bowel Syndrome (IBS)** or **Celiac Disease (gluten allergen)** problematic??
- 3 Do you suffer from **acid indigestion, acid reflux, heart burn**, or just an **upset stomach** or **digestive issues**?

If any of the above situations are affecting your life, we would like to introduce you to the soothing benefits of Peppermint Oil kneaded into our pure & natural Angel Mints® which many have claimed as a “breath of fresh air”! Additionally, our Angel Mints® are Fat Free, Gluten Free, Soy Free and Salt Free!

Peppermint is best known for its “minty-fresh” aroma. It is by far one of the most favored herbs for teas, toothpaste, candy and gum. However, artificial peppermint flavorings do not carry the healing properties of the natural peppermint plant or essential oil of peppermint as is used in our Angel Mints®!

“The health benefits of peppermint oil include its ability to treat indigestion, respiratory problems, headache, nausea, fever, stomach and bowel spasms and pain. Peppermint is a cross between watermint and spearmint and is native to Europe. Historically, the herb has been known for its medicinal uses. Hence it is often termed as the world’s oldest medicine”. Peppermint oil contains numerous minerals and nutrients including manganese, iron, magnesium, calcium, folate, potassium, and copper. It also contains omega-3 fatty acids, Vitamin A and Vitamin C” (1).

Our Angel Mint® is a unique 1919 recipe that blends pure cane sugar, non high fructose corn syrup, cream of tartar and oil of peppermint into a memorable “melt in your mouth” textured product. In addition to tasting great and being a great anytime mint treat, the Angel Mint® has been linked to providing “palliative therapy” benefits for those experiencing chemotherapy, dialysis, acid reflux, irritable bowel syndrome (IBS), Celiac Disease (gluten allergy), as well as any number of other stomach or digestive conditions. Many have claimed the Angel Mint® helped soothe upset stomachs, relieve nausea and the cramping associated with IBS & Celiac disease as well as neutralized the metallic taste left behind by chemotherapy treatments.

In addition, the Feingold Association of the United States has “certified” the Angel Mint® as being acceptable for consumption by their numerous allergen concerned clients. The Feingold® Association certifies the Angel Mint® as being “Free” from Synthetic (artificial) coloring, Synthetic (artificial) flavoring, Synthetic (artificial) fragrance, BHT, BHA, TBHQ and Aspartame.

## Palliative Therapy Benefits of the Angel Mint

Palliative therapy is gaining attention in the medical world as it offers a humane and patient tailored alternative to expensive drugs and diagnostics for people facing life-threatening or incurable illnesses. A standard practice in many countries, especially Britain, palliative therapy has only recently sparked interest in the United States.



The primary goal of palliative therapy is not to cure, but rather to provide comfort and enhance the quality of life. Common forms of palliative therapy include aromatherapy, therapeutic music, humor, visual or performing arts, pet visits or massage. All of these forms of care aim to ease anxiety, provide comfort, reduce mental stress and manage pain without placing such a heavy emphasis on the use of drugs. Depending on a patient's circumstances, he may choose to couple palliative therapy with a lighter medical treatment regiment. If a cure is not possible, it is common for palliative therapy to be used alone. Although still in early stages of development here in the United States, palliative therapy's versatile and individualized approach to care offers new hope and comfort to both patients and their families.

The Florida Candy Factory's Angel Mint® has recently found its place in the emerging world of palliative care. An all natural, fat free, salt-free, soy free & gluten free, peppermint treat, the Angel Mint® is ideal for bringing comfort and relief. The numerous health benefits of peppermint oil have been studied and proved by the scientific community. Although often thought of as a mere flavoring, the therapeutic value of peppermint oil is taken very seriously. Peppermint oil contains many minerals and nutrients including manganese, calcium, copper, magnesium, iron and potassium, as well as omega-3 fatty acids, Vitamin A and Vitamin C. Studies prove that peppermint oil aids in calming and reducing indigestion, cooling muscle spasms, heartburn, nausea, diarrhea and relieving symptoms of irritable bowel syndrome. It also has an antioxidant ability to neutralize free radicals. The Angel Mint® offers all the powerful benefits of peppermint in a unique melt in your mouth mint. Patients undergoing chemotherapy often find the Angel Mint® helps to soothe their throat and dry mouth, as well as reduce the metallic taste treatment often leaves behind. Like palliative therapy, the Angel Mint® has no known medicinal benefits. It treats the person, not the disease. Clearly, Angel Mints® are "angelic" in more ways than one. With their splendid taste and therapeutic abilities, its no wonder these mints have such a heavenly name.

**(INGREDIENTS:** Sugar, corn syrup, cream of tartar and oil of peppermint).